

Open Course- I
BSW 5 D 01 - COMMUNITY HEALTH & HEALTH EDUCATION

Credits 3

Hrs/Week 2

Objectives:

- o To understand the concept of health & its various perspectives
- o To familiarize with various health problems & its impact on communities

Module I Concept of Health- Definitions, Dimensions of health, determinants of health. Holistic Health. Community health- definition & scope, Medical Model & Social Model

Personal & environmental hygiene. Sanitation

Module II Nutrition & Balanced Diet- Constituents of food

Nutritional Deficiency Diseases. Diet for pregnant women & lactating mothers, diet for infants & children

Food adulteration, Food Adulteration Act

Module III Concept of disease- epidemiology of disease, major health problems. Immunisation

Communicable diseases, non-communicable diseases and life style diseases

Module IV Health Care Services- Preventive, Promotive, Curative & Rehabilitative aspects. Components of Primary health care. Health care services in India.

Health education & communication.

Community based rehabilitation, Role of students and educational institutions in community health care services.

Module V Public Health Administration. National Health Policy. Public Health programmes in India- Polio eradication programmes. T.B control programme. AIDS control programmes

Problems of public health in India

Reference:

1. Park K., 2009, Textbook of Social and Preventive Medicine, Banarsidas Bhanot Publications
2. Sridhar Rao, B. 2005, Principles of Community Medicine, AITBS Publishers
3. Bedi, Yashpal, A handbook of Preventive and Social Medicine, Atma Ram and Sons
4. Elizabeth, K.E., 2010, Nutrition & Child Development, Paras Medical Publishers